

WE ARE IN CONTROL

CHORUS: (Two times)

We are in control  
No more rock and roll  
Finding our balanced goal  
Active passive self-control.

- 1 At first we're taught to be strong and sure  
Keep your muscles, you must endure  
Set a vision that is so high  
Reach it with power, touch the sky.

CHORUS

- 2 Yet sometimes we need the yielding way  
It's not what you do or say  
Watch your thoughts as they go by  
Accept yourself, no need to ask why.

CHORUS

- 3 Care for your body and your mind  
There is now no better time  
State a preference not a need  
They will become friends indeed.

CHORUS

- 4 Watch a leaf fall from a tree  
A cosmic chuckle gives harmony  
Dance a jig of jubilation  
Sing a song of celebration.

CHORUS