

The material below describes work with a family (Father, mother teen age daughter) seen at Webster Center. The presenting concern was “an unmanageable out of control daughter. As the father noted, “We had reached a spot with our daughter when we were threatening juvenile hall and other drastic measures.: They were seen for seven sessions. Below is a summary of the Parent’s and Daughter’s comments at the end of therapy (It was successful from each of their perspectives) , followed by some of the forms /homework they did during the course of therapy.

FINAL FEEDBACK.....1-6

- from fatherpp 1-3
- from mother.....pp4-5
- from daughter.....PP 5-6

DATA SHEETS.....6-10

- mother monitoring.....PP 6-7
 - when daughter comes back ½ hour late.
 - when she helps in kitchen

Mother’s notes on when daughter 8

- Doesn’t do chores
- does chores but fusses
- Doesn’t talk respectfully
- Talks Respectfully

Daughter: when she feels she receives “cutting remarks”
and helpful remarks from whom: P 8

* * *

FATHER FINAL FEEDBACK

Things are much improved with us ...on our new scale of improvement we are at 62% which is good, because it was 45% when we terminated. As you said and we both know that life is not 100%. I had 75% as our goal which would make things ideal-- we can handle the other 25%.

We feel your session work had a good and lasting effect on our family . We had reached a spot with our daughter when we were threatening juvenile hall and other drastic measures. Meeting with you was made easy and simple. We sincerely believe the changes in our attitudes can effect the usual flare ups and the other 25%.

We want to congratulate and thank you for a successful a job well done.

Please take some time to fill out this form. The information we receive from you is crucial in helping to make us better counselors. Therefore, please be open with us, and let us know exactly how you feel. Thank you for your cooperation.

Please rate your answers to the following questions according to a seven (7) point scale: seven (7) as excellent and one (1) as poor.

1. Do you believe the counselor heard the kinds of concerns you were having? In other words, did he listen carefully to you?

(7) 6 5 4 3 2 1

Please comment *Yes, the Counselor was extremely interested and listened carefully.*

2. Do you believe the counselor cared about you as a human being, or did you feel he was just putting in time, doing a job.

(7) 6 5 4 3 2 1

Please comment *Yes, the Counselor Cared for us as humans and we did not feel Counselor was just putting in time.*

3. Did the counselor define with you an area of concern and agree to work cooperatively with you on that area?

(7) 6 5 4 3 2 1

Please comment

*of concern
Yes, an area was agreed upon co-operatively. I was particularly impressed how statements were analyzed and brought to our attention of their meaning.*

4. (a) Did you feel that the counselor, once you and he had agreed upon an area of concern, gave you any tools or techniques that might be helpful in working on that area?

(7) 6 5 4 3 2 1

Please comment on the following:

a) Did the counselor give you some techniques?

Yes, problems were to be noted on each occurrence.

b) Did he explain them to you carefully and thoroughly?

Yes

c) Did you find them helpful?

Yes. Each time problems occurred I could see myself handling them better.

(b). Did the counselor meet with you as often as you felt necessary?

Yes No

Please comment *Once a week was sufficient*

(c) Please note why counseling was terminated. Did you feel any different or were things in your life in anyway changed as a result of counseling. Please be specific.

Counseling was terminated because we had reached a more agreeable situation @ home. Yes we have a much narrower concern feeling toward our daughter.

6. Please note any comments or criticisms you have about the way you were treated while involved with Webster Center. We are here as a community agency to serve you, and the kind of information and feedback you give us is crucial in insuring that we remain responsive to community needs. Thank you again for your help.

I like the way the sessions were conducted. Starting with the first-name basis and the informal and relaxed approach. The concern & consideration for each person's feelings and statements. How what we had said was not held against us but used for us and on us so we could understand ourselves. We sincerely profited by your help and I think you

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MOTHER FEEDBACK

1. Do you believe the counselor heard the kinds of concerns you were having? In other words, did he listen carefully to you?

(7) 6 5 4 3 2 1

Please comment *He listened & remembered from me something that we had talked about.*

2. Do you believe the counselor cared about you as a human being, or did you feel he was just putting in time, doing a job.

(7) 6 5 4 3 2 1

Please comment *He acted human, made us feel human, never regarded us as if he only had time for us.*

3. Did the counselor define with you an area of concern and agree to work cooperatively with you on that area?

(7) 6 5 4 3 2 1

Please comment *He made us see eye to eye upon our problems, to understand each other's needs and wants of a personal relationship, plus respect & trust in each other.*

4. (a) Did you feel that the counselor, once you and he had agreed upon an area of concern, gave you any tools or techniques that might be helpful in working on that area?

(7) 6 5 4 3 2 1

Please comment on the following:

- a) Did the counselor give you some techniques? *Yes -*

Homework. He made part of a game out of it, asking each other if they did their homework.

- b) Did he explain them to you carefully and thoroughly? *Yes*

To write down all the good from the bad.

- c) Did you find them helpful? *Yes.*

The good really outweighed the bad.

6. Please note any comments or criticisms you have about the way you were treated while involved with Webster Center. We are here as a community agency to serve you, and the kind of information and feedback you give us is crucial in insuring that we remain responsive to community needs. Thank you again for your help.

I have no criticisms you always made us feel we were what was happening at the moment, not thinking of your next appointment. You always had the right answers for our problems, at least, what you suggested helped us a great deal. Looking forward to seeing you? Let's get the little feedback. I'll buy you a drink, he gives me allowance I promise. Thank you again for your time and good advice, your friend, tomorrow. I'll friend about

You always made us feel we were what was happening at the moment. You always had the right answers for our problems, at least what you suggested helped us a great deal....

DAUGHTER FEEDBACK

1. Do you believe the counselor heard the kinds of concerns you were having? In other words, did he listen carefully to you?

⑦ 6 5 4 3 2 1

Please comment *Yes because you had two ways of looking at it. So make sure you understood!*

2. Do you believe the counselor cared about you as a human being, or did you feel he was just putting in time, doing a job.

⑦ 6 5 4 3 2 1

Please comment *You said over and over again the reason why we were all there is because we care*

3. Did the counselor define with you an area of concern and agree to work cooperatively with you on that area?

⑦ 6 5 4 3 2 1

Please comment *When we went over positive & negative things. Not to talk about the past, just what went on during the week*

You always had two ways of looking at it. To make sure you understood

4. (a) Did you feel that the counselor, once you and he had agreed upon an area of concern, gave you any tools or techniques that might be helpful in working on that area?

7 (6) 5 4 3 2 1

Please comment on the following:

- a) Did the counselor give you some techniques? *Yes you told us to write down things that we felt had to be written down (homework)*
- b) Did he explain them to you carefully and thoroughly? *Yes*
- c) Did you find them helpful? *Yes, then we wouldn't forget*
6. Please note any comments or criticisms you have about you were treated while involved with Webster Center. We are here as a community agency to serve you, and the kind of information and feedback you give us is crucial in insuring that we remain responsive to community needs. Thank you again for your help. *I think we were treated very good. All you people are really warm people.*

DATA SHEETS

mother monitoring

when daughter comes back ½ hour late.

when she helps in kitchen

Mother's notes on when daughter

Doesn't do chores

does chores but fusses

Doesn't talk respectfully

Talks Respectfully

Daughter: when she feels she receives "cutting remarks" and helpful remarks from whom:

HELP IN KITCHEN

② Help mother in kitchen

③ Say something positive

Wed	Th	Fri	Sat	Sun	Mon	Tues
Stay home	1. Home time	1. Home or time	Phon. stay at table middle easy	1. OK	1. OK	1. OK
② No Garbage	2. Get out	② Chores OK	Chores OK	2. -	2. -	2. Help grand cutting
③ Help in kitchen	2. NO GARBAGE			3.7 Birtone Hayle @ Tenn	3. Discussions @ girls incumbent	⑤ Show Applin report

HELPFUL THINGS DAUGHTER DOES

	Clean 3 bathrooms - Fold cloths
Tues.	Clean 3 bathrooms - Vacuum green & gold carpet Set table
Wed.	Clean 3 bathrooms, empty garbage, Sweep & mop kitchen, Sweep garage, Set table
Thurs.	Empty garbage - Sweep & mop kitchen Fold cloths
Fri.	Vacuum blue carpet - Sweep & mop kitchen Sweep garage - Fold cloths
Sat.	Set table - Fold cloths
Sun	Empty garbage - Sweep & mop kitchen
Mon	Sweep garage
Tues.	Empty garbage - Sweep & mop kitchen Fold cloths
Wed.	Clean 3 bathrooms, Set table
Thurs.	Vacuum blue carpet - Fold cloths
Fri.	Clean 3 bathrooms - Vacuum green & gold carpet - Set table
Sat.	Clean 3 bathrooms - Sweep & mop kitchen Sweep garage - Empty garbage

