The material below describes work with a family (Father, mother teen age daughter) seen at Webster Center. The presenting concern was "an unmanageable out of control daughter. As the father noted, "We had reached a spot with our daughter when we were threatening juvenile hall and other drastic measures.: They were seen for seven sessions. Below is a summary of the Parent's and Daughter's comments at the end of therapy (It was successful from each of their perspectives), followed by some of the forms /homework they did during the course of therapy.

FINAL FEEDBACK.....1-6

from fatherpp 1-3 from mother......pp4-5 from daughter......PP 5-6

DATA SHEETS......6-10

mother monitoring.....PP 6-7 when daughter comes back ½ hour late. when she helps in kitchen Mother's notes on when daughter 8 Doesn't do chores does chores but fusses Doesn't talk respectfully Talks Respectfully Daughter: when she feels she receives "cutting remarks" and helpful remarks from whom: P 8

FATHER FINAL FEEDBACK

Things are much improved with us ...on our new scale of improvement we are at 62% which is good, because it was 45% when we terminated. As you said and we both know that life is not 100%. I had 75% as our goal which would make things ideal-- we can handle the other 25%.

We feel your session work had a good and lasting effect on our family . We had reached a spot with our daughter when we were threatening juvenile hall and other drastic measures. Meeting with you was made easy and simple. We sincerely believe the changes in our attitudes can effect the usual flare ups and the other 25%.

We want to congratulate and thank you for a successful a job well done.

Please take some time to fill out this form. The information we receive from you is crucial in helping to make us better counselors. Therefore, please be open with us, and let us know exactly how you feel. Thank you for your cooperation. Please rate your answers to the following questions according to a seven (7) point scale: seven (7) as excellent and one (1) as poor. 1. Do you believe the counselor heard the kinds of concerns you were having? In other words, did he listen carefully to you? 7 6 5 4 3 2 1 Please comment yes the Courselon was extently interested and Astered Carefully 2. Do you believe the counselor cared about you as a human being, or did you feel he was just putting in time, doing a job. 2 6 5 4 3 2 Please comment "feet the Courselor Cared for us as humand and no did not feel courselor used put putting in time. 3. Did the courselor define with you an area of concern and agree to work cooperatively with you on that area? 7 6 5 4 3 2 1 Please comment Please comment flower agreed upon lo-operatively. These particularly impressed how statements were analyzed and hought to our intention of their meaning.

(a) Did you feel that the counselor, once you and he had agreed upon an area of concern, gave you any tools or tech-4. niques that might be helpful in working on that area? 6 5 4 3 2 1 Please comment on the following: a) Did the counselor give you some techniques? Yes protend ever to be noted on each occurrence. b) Did he explain them to you carefully and thoroughly? The Did you find them helpful? (b). Did the counselor meet with you as often as you get better necessary? Yes / No ____ Please comment Once a weekward sufficient (c) Please note why counseling was terminated. Did you feel any different or were things in your life in anyway changed as a result of counseling. Please be specific. Conseling une terminated because we had reached a more agreenth home. Justice have a much settomers Concerned feeling toward bu buytter Please note any comments or criticisms you have about the way you were treated while involved with Webster Center. We are 6. here as a community agency to serve you, and the kind of in-formation and feedback you give us is crucial in insuring that we remain responsive to community needs. Thank you again for your help. I like the wry the ressions were Conducted. Starting with the first-merre basis and the informal and related approach. The Concerns Consideration for each persons feelings and statements. Sow what we had said was not held against us but week for we and on us so we "ould understand revelves. He sincerely profited"

I liked the way the sessions were conducted. Starting with the first name basis and the informal and relaxed approach. The concern and consideration for each person's feelings and statements. How what we had said was not held against us but used for us so we could understand ourselves. We sincerely profited from your help.

MOTHER FEEDBACK

1. Do you believe the counselor heard the kinds of concerns you were having? In other words, did he listen carefully to you? 1) 6 5 4 3 2 1 Please comment pluring fistered permembered from the commenting to the meth what we had 2. Do you believe the counselor cared about you as a human being, or did you feel he was just putting in time, doing a job. 6 5 4 3 2 Please comment The neted Ruman, made us feel human, never degraded us letter al if he 3. Did the counselor define with you an area of concern and agree to work cooperatively with you on that area? (7) 6 5 4 3 2 1 Please comment the made us see eyes to eyes upon and produces to understand and othery) mede and wante of a fictional relation ship, flice per pict & trust in sail atter. (a) Did you feel that the counselor, once you and he had agreed upon an area of concern, gave you any tools or tech-4. niques that might be helpful in working on that area? 5 4 2 1 6 3 Please comment on the following: a) Did the counselor give you some techniques? b) Did he explain them to you carefully and thoroughly? c) Did you find them helpful? Get.

Please note any comments or criticisms you have about the way you were treated while involved with Webster Center. We are here as a community agency to serve you, and the kind of in-formation and feedback you give us is crucial in insuring that 6. we remain responsive to community needs. Thank you again for your help. I have no contrained that aller made no fill we were what was moment, not therebeng 0 Trent. The always ha in at reperet. decel - Fareila rel la secure ya Et busp-egace a feliemk 0 ete. aus RALIC er mining Leece freed abree aundi tordenice 6.5

You always made us feel we were what was happening at the moment. You always had the right answers for our problems, at least what you suggested helped us a great deal....

DAUGHTER FEEDBACK

Do you believe the counselor heard the kinds of concerns you were 1. having? In other words, did he listen carefully to you? 5 3 1 Please comment (requise roli locking to m sure you 1 5 2. Do you believe the counselor cared about you as a human being, or did you feel he was just putting in time, doing a job. 6 5 41 3 2 1 Please comment over over, agai reason why we were all there is because us 3. Did the counselor define with you an area of concern and agree to work cooperatively with you on that area? 7 6 5 3 2 1 Please comment ner alla.

You always had two ways of looking at it. To make sure you understood

(a) Did you feel that the counselor, once you and he had agreed upon an area of concern, gave you any tools or tech-niques that might be helpful in working on that area? 4. 1 2 3 Please comment on the following: Did) the counselor give you/some techniques? a) to write down them It has to be written down Chomen Did he explain them to you carefully and thoroughly? ЪĬ eles c) Did you find them helpful? ys, then we Jorgest wouldn Please note any comments or criticisms you have accord you were treated while involved with Webster Center. We are here as a community agency to serve you, and the kind of in-6. formation and feedback you give us is crucial in insuring that we remain responsive to community needs. Thank you again for your help. eople

DATA SHEETS

mother monitoring

when daughter comes back ½ hour late.

when she helps in kitchen

Mother's notes on when daughter

Doesn't do chores

does chores but fusses

Doesn't talk respectfully

Talks Respectfully

Daughter: when she feels she receives "cutting remarks" and helpful remarks from whom:

HELP IN KITCHEN

@ Help mether in Detroy love 1. How time 2. Not the 2 the out Ochres 2. Not manage 2 the out Ochres Charles 2 the out Ochres Plan stay allatte 1.04. 100 100 2 -Bittime Discussion De Hazele Oferle Tene inconsiduation Selfeden botoken 2 No GATBAGE **HELPFUL THINGS DAUGHTER DOES** Clean Stattermer - Salid Chitles Ques. Claim 3 be thereand - Theane given & gold Carpel Aid. Clien 3 batherome, empty gerbage, Sweep Emop fitchen, Sweep garage, Wet telle Aurs Empty gradage - Swap Mop titelen The forg grange - Sala about fil. Let table Fold clothe Ma Sweep garage Ques Sale clarke Hed. Clean & beth hours bet tille Tacune blee exept. Sold clothed Fre Clean 3 Lotterins - Tacume green & gold arget - Set tale Sat. clean's tatheromed - Sweep smoot liteden

Mother's notes on when daughter

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c) Doesn't do chines Does choices buil fusses Talks to you without respect possitive talk 1) dechild Rad pic 0 sip tury C) Tues Sat Mon Seria 00 Thi-Sun Suis dester let The Local rsted her to de for sei cleans helpedin Aled her home gelledat Fores all after bone, Chee low word most Vice Decare nie feits in. for second to doc and Billed ifternoon) Rev Secure of Rev. Secure of hains Came D cher his 15 martig to reck if the may Prairie Rest Werk hearte in priore notenpay Zone 1/1s done of retering h to watch Reiged weth tone 2:30, Called from friends added to stor wint & from yes No charad me a true der il 2-I did the Sate Today. Sate Today. She get the action there Thanked Rest They chores Made & H Our no chosed i dones He other charge Hed. dechoe ate Set table - he Sterie 3X Folded Lola Cut Stend Stin distance se the empty ger , M. K. dumb Came Lome at a.m. coched there Min. illand? went set to fr TC 2 gor Hipp: - asked to ade Ted Wade hed larly sheer A one report. Lones at come tonie at 1:30 pm To other chores Cen. Then dielidon 12 mednight Came Come lain. enteringhe has in front Comes hoved God aniver -Made bed Wade ted. Geeled becan ator The characteries Model Lik har ownid.

Daughter: when she feels she receives "cutting remarks" and helpful remarks from whom:

My der told my sister and Monday night that we were intulluctually dur. all and all whetherer I did something around the forme they said thanks; like pitting up weeks or chous. Better my pounts said I had good reports Better my mother is glad that she coess if in school. My mother is glad that she coess if have to tel me when to do my homework. Often I went out last Thursday (no school - in service day) my mother said that she trusted me not to dink. Very few cuts - when they were they were kiding around, therept for Monday night when he got my sisters and mine case about fighting and reading the newspaper.