

Dear Carol, Thank you for you kind comments. It was a blessing to share with you and your group. The room was filled with such love and ruach!!!

Finally, those of us who give a lot to others, need to remember to take time to receive energy and give to ourselves.....please remember to receive and share with yourself (that will ensure that you still have energy to share with others)!!! So, it's not selfish, it helps us all....

Again, my thanks and blessings.....> D