

LECH LECHA

(Hebrew melody meaning "Go forth")

This poem was written during a conference in 1990 in Holland at a gathering of meditation teachers from different traditions: Sufi, Jewish, Christian, Hindu, Taoist, Buddhist

It is a three stanza poem of Chinese Linked verse, each stanza contexted by two words of the Shema

Shema Israel/Adonai Eloheinu/Adonai Echad

Listen to that part of you who wrestle with and toward God; God who is distant and impersonal, God who is close and near us; all these: we who wrestle, the far God, the near God.....Echad (are One).

Myriads of multi colored leaves, impressionistically painted, slowly ripple in a not yet still pond.

A bell chimes. Ducks echo in a shrill counterpoint

Commented [JS1]: Such a beautiful image. I can really see this. And each image says listen – to the colors, the ripple, the chiming bell, the shrill ducks.

A Catholic Benedictine Monastery---

A Zen Garden...

A Jewish morning meditation of Gratitude

One leaf lets go...and...

Falling in stillness and silence

is embraced by the water

and joins its reflection

Commented [JS2]: And all becomes one – the falling leaf, the water, and its reflection. Ah, Oneness.

These are really lovely. You have a knack for crafting haiku that seem to be about one thing but give rise to larger thoughts. They are often light playful images but with a bite. You have a wonderful ability to see deeply into whatever you're describing, which really brings the images to life. You are an acute observer of nature – and the human condition. I'm really glad you found them and are putting them up on the website. I love them! J

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