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UCI psychologist wins fellowship

Medical psychologist Deane Shapiro Jr., director of outpatient psychiatry at the UC Irvine Medical Center, is one of 50 American professionals chosen for a W.K. Kellogg Foundation National Fellowship.

Dr. Shapiro, of Laguna Beach, will study how businesses in the United States and Japan cope with executive stress. He also will compare the effectiveness of Western and Eastern stress management techniques.

Kellogg fellows are selected on the basis of credentials, skills, interests, demonstrated leadership potential and recommendations from institutions. Each receives a three-year grant of up to \$30,000.

Shapiro, 34, joined UCI in 1980 after serving at Stanford University. He also has served as dean of academic affairs at the Pacific Graduate School of psychology.

He recently published a book titled "Meditation: Self Regulation Strategy and Altered States of Consciousness."

ORANGE COAST DAILY PILOT

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