

Acknowledgements

To J(ohanna) the alpha and omega, without whom such a loving, joyous journey would not have been possible.
With deepest gratitude and enduring love

The cover art work, “The Journey Inward” is by my friend and amazing artist, Patricia Dawn. My gratitude to Mehdi Zahedi of the Copy and Print Center for his creative lettering of the cover design and all the alphabet J’s at the start of different sections. And thanks to Ron LaRock for his conscientiousness and care in putting this novel on the website, and for his creativity in developing this website and controlresearch.net

My deepest appreciation to Rune Engebretsen, noted Kierkegaard scholar, (Associate Editor translator of *Kierkegaard’s Writings* (26 volumes; Princeton University Press) for his willingness to go through each page of the first draft of J’s page by page, as Johannes (from Kierkegaard’s Either/or) seeks to evolve.

And to the following Rebbe’s, teachers, friends who shared so much wisdom with me: Rebs Zalman Schacter-Shalomi, Maurice Freedman, Bernie King, Jonathan Omerman, Arthur Green, Brad Artson, Allen Krause, Shlomo Carlebach, L Kushner, H. Kushner. Also to Brother David Steindl-Rast, Kabori Roshi, Jon Kabat-Zinn, Roger Walsh, Huston Smith, and tai chi teachers Valerie Prince and Jo Anna Gee Schoon. And to John LaGatta for his advice and help regarding wines, and Kat Trueblood for her horse wisdom.

And finally to my family, the “created” family of my three amazing children for their comments on the book...and on so many levels! To our six wonderful grandchildren who are the generations to come, and to my family of origin, my parents, my incredible siblings, and my grandparents Nana, my blue-eyed grandmother Dorothy, Grandpa Julius and Grandpa Dave. With such great love and thanks going in all directions.

I’d also like to express my gratefulness to Ben and Nancy Freedman, two novelists who brought me under their wing when I appeared, both wanting guidance as an aspiring writer, and the hand of their daughter.

And to Johanna, as we now celebrate our 50th anniversary. Hallelujah!:)