

Johanna's comments 35 years later

This thought piece was written in 1980ish. I found it in November, 2018, and sent it to Johanna for her comments:

Hi sweetie, this essay is also quite well-written. I like the personal touch that forms the introduction. You make an excellent case for your “awakening” to your need for a different path; and to the realization of meditation as an essential complement and corrective to the excesses of western rationality and intellectualism. You also point out that there must be balance, and that neither western or eastern (or perhaps the western simplistic distortions of eastern philosophy) approaches has all the answers. The middle way is best!

This is worth putting up on the DHS writings website I see this as a valuable example of your early thinking. It could fit very well as an early example of writing about Meditation, perhaps a book end to the Meditative Reflections chapter. It should go up. Love, love, J

Other notes from Johanna within piece e.g., are left there:

Re the word “orient”: Probably not the best pc word today, but probably what was in use then. I'd leave it. Mark Twain is not politically correct either :-)