

To : Shauna L Shapiro <shapiros@U.Arizona.EDU>,
hustjen@aol.com,
santerre@U.Arizona.EDU,
b_huston@hotmail.com,
shapirojo@olin.wustl.edu
Cc : Johanna Shapiro <jfshapir@uci.edu>,
nswaynekc@aol.com

Attchmnt:

Subject : A year later, a year less enslaved?!

----- Message Text -----

Hi guys, just a note to wish all of you a loving and blessed Passover, which begins this Saturday evening. This is again an opportunity to let ourselves turn to that which is deepest, highest, and best within each of us. To allow the "divine" sacred energy inside and outside of us to be received and listened to. To reflect on what personal habits or situations might still be "enslaving us" and to think of ways we might move toward more freedom. (When we eat a matzah, we imagine ourselves beginning the journey toward freedom; matzah which represents a "small, selfless ego---without a lot of hot air in it!> It is also an opportunity to "count our blessings" and look toward others, less blessed, who might be enslaved, and to think of what small steps we might contribute to their liberation and healing. Enjoy your matzah!

Love, love

To : NSWayneKC@aol.com
Cc :
Attchmnt:
Subject : Re: Help! I'm stuck in the desert without my weekly sermon.
----- Message Text -----

On Fri, 12 May 2000 NSWayneKC@aol.com wrote:

> Shabbat Shalom!
> Where are the "goods" to help us, oh fearless leader, as we travel through
> the desert? I've started looking forward to your weekly e-mail.
> Love
>

Subject: RE: The journey continues, Part Two: Motivation, ambivalence

Oh wise one, This is so good! It also seems true that the obstacles to change (ie., Pharaoh) are invested with all the trappings of authority, power, control, etc., while change is left up to some ambivalent shepherd guy who can't even say what's on his mind. This feels about right! Thank goodness God gets into the picture, otherwise we'd be sunk! Love ya, J

To : NSWayneKC@aol.com
Cc :
Attchmnt:
Subject : Re: Help! I'm stuck in the desert without my weekly sermon.
----- Message Text -----

HOW CUTE ARE YOU?! WELL, THIS WEEK'S SERMON, WHICH WAS A KIND OF
CONFUSING TOPIC: VICTORY---AND I'D BEEN WAITING FOR THE IMPETUS==WHICH YOU
PROVIDED!! THANKS. CONSIDER IT A VICTORY!! FOR BOTH OF US!!!

LOVE LOVE

On Fri, 12 May 2000 NSWayneKC@aol.com wrote:

> Shabbat Shalom!
> Where are the "goods" to help us, oh fearless leader, as we travel through
> the desert? I've started looking forward to your weekly e-mail.
> Love

To : GrossmnPhD@cs.com
Cc : jfshapir@msx.ndc.mc.uci.edu,
DHSHAPIR@uci.edu

Attchmnt:
Subject : Re: Hi-reply
----- Message Text -----

HI BARB,

I just added you to our "family" mailing---as I mentioned to you I've been
sending the kids weekly "talks" leading up to Passover, and am going to
continue it through Shavuot. Thought you might enjoy....

On Wed, 26 Apr 2000 GrossmnPhD@cs.com wrote:

> Dear Deane,
>
> Your e-mail sets my consciousness for the rest of the day. What a wave
> of refreshment from the Ocean of Being. Bless you.

Sounds like your trip during the holidays has been very meaningful. It
is enchanting to me to see relationships deepen. Your children are so
fortunate!

Date: Fri, 26 May 2000 09:59:34 -0700
From: Johanna F. SHAPIRO (JFSHAPIR@uci.edu)
To: 'Deane H. SHAPIRO' (dhshapir@uci.edu)
Subject: RE: the mountain is in sight!.....

Hey, this is very lovely. I'd have to say, God is my foundation, but you're
my next foundation! I also noticed an olive branch to B - foundational
boundaries... The image of traipsing through the wilderness, or better
plodding, is a familiar one. There is so much need for trust of the
unknown, and it's so hard to come by. Thank goodness we can at last glimpse
the outline of the mountain - a powerful image! I like the idea of remaining
open to a "sacred wisdom experience" - I could use a little of this in my
life right now. Thanks for an inspiring message, Love, J

Date: Tue, 2 May 2000 10:39:26 -0700
From: Johanna F. SHAPIRO (JFSHAPIR@uci.edu)
To: 'Deane H. SHAPIRO' (dhshapir@uci.edu)
Subject: RE: Strength, boundaries, respect: Week Two

What wisdom! I think it is fascinating how much of this applies, in quite different contexts, to Barbara, Nancy, Shauna and Craig. I of course have constant issues with boundaries - one insight I gleaned was that there is a relationship between my not liking to create boundaries for others (just letting things go, accepting how people are) and expecting the same, ie., not liking any boundaries set on me. For me, boundaries are really a difficult issue - I think I still have a lot of work to do to figure how to use them constructively. Well, I will try to pay attention this week and see what comes up. Love, J

PINE 4.05 MESSAGE

Date: Fri, 14 Apr 2000 14:34:36 -0700
From: Johanna F. SHAPIRO (JFSHAPIR@uci.edu)
To: 'Deane H. SHAPIRO' (dhshapir@uci.edu)
Subject: RE: PART FOUR: CELEBRATION.....!

Oh Deane, you are so great! I loved this communication. What a good issue to reflect on for all of us - freedom to what? Let us cleanse ourselves and move forward into new life and freedom. Let's dance! (Great pick-up on the feminine energy). And I didn't overlook the narrative allusion either - let's work together to construct new and better stories for ourselves. These really are wonderful teachings and I'm glad they won't stop after Pesach. And good for you for continuing the relational themes - love and boundaries, hmm. I wonder to whom that little homily could apply? Love ya, J

Date: Wed, 26 Apr 2000 23:14:15 -0700
From: Johanna F. SHAPIRO (JFSHAPIR@uci.edu)
To: 'Deane H. SHAPIRO' (dhshapir@uci.edu)
Subject: RE: LOVE!

Deane, this stuff is so great. Somehow I feel grounded and oriented toward a different (and better) reality when I read this as part of my daily emails. Well, at least it's nice to know I'm not the only one always whining and complaining. I've got good company.

I'm happy that our anniversary fell within a week of love. Makes sense to me. You're the best, and I'm lucky you're mine. Love ya heaps, J

To : shapiros@u.arizona.edu,
santerre@u.arizona.edu,
nswaynec@aol.com

Cc :
Attchmnt:
Subject : t'shuvah (fwd)
----- Message Text -----

Hi guys, There is a spiritual dry spell between Passover/Shavuot in the Spring; and RoshHashannah/Yom Kippur in the fall. This is a time without major holidays (except for Tish b'av--a time of mourning, lamentations, etc!), So, as a potential few drops of moisture, am sending along the enclosed dialogue....

Love love